

## Woodburn Aquatic Center Rules

- ☺ Only swim in a supervised area (lifeguards on deck).
- ☺ Please walk at all times when out of the water
- ☺ Full shower before coming on deck/swimming.
- ☺ Follow lifeguard/staff directions.
- ☺ Lifeguards/staff will correct inappropriate and unsafe behaviors.
- ☺ To maintain our family-friendly environment, please refrain from using inappropriate words and gestures.
- ☺ Youth under six years old must have an adult within arms reach at all times; both in the water, and throughout the rest of the facility.
- ☺ Always enter the water feet first in shallow water.
- ☺ Diving is only permitted in the deep end of the main swimming pool.
- ☺ Swim diapers are required for those not toilet-trained.
- ☺ Only water in non-glass containers is permitted on the pool deck.
- ☺ Only service animals are permitted in the facility.
- ☺ Only lap swimmers may use kickboards, pull buoys and fins.
- ☺ The Woodburn Aquatic Center reserves the right to exclude guests when behavior/language dictates.
- ☺ Please do not swim if you have recently had diarrhea.

## Wading Pool Specific Rules

- ☺ Wading pool is reserved for guests 8 years and younger.
- ☺ Adults must be in the water with youth under age six.
- ☺ Toys in mesh toy bag and balls are available for use.



The background is a solid teal color. It is decorated with several handprints in white, dark teal, and light brown colors, scattered around the perimeter of the page. The handprints are of various sizes and orientations, some appearing as if they were stamped or pressed into the surface.

## Sauna Rules

- ☺ The sauna is reserved for guests 14 years and older.
- ☺ Limit your exposure; The recommended limit is 15 minutes. The sauna's temperature is approximately 130° F
- ☺ Exposure to heat may put you at risk of experiencing heat related emergencies and dehydration.
- ☺ Check with your doctor before using the sauna if you are on medication or have a health condition being treated by a physician, including pregnancy.
- ☺ Please leave the sauna if you feel dizzy. Have someone notify staff if you need assistance.
- ☺ Do not pour liquid on the heater. Doing so will cause damage and malfunction.
- ☺ Drink plenty of water while using the sauna.
- ☺ Limit of ten guests in the sauna at a time.

## Spa Rules

- ☺ The spa is reserved for guests 14 years and older.
- ☺ Limit your exposure; The recommended limit is 15 minutes. The spa's temperature is approximately 104° F
- ☺ Drink plenty of water while using the spa.
- ☺ Limit of ten guests in the spa at a time.
- ☺ Check with your doctor before using the spa if you are on medication or have a health condition being treated by a physician, including pregnancy.

## Slide Rules

- ☺ Travel feet first; sitting up or laying on your back only.
- ☺ The slide's weight limit is 300 lbs.
- ☺ Swim attire should be free of zippers, rivets/grommets, or other items that may scratch the slide surface.
- ☺ Climb the stairs only after the lifeguard signals OK.
- ☺ Swim to wall between the slide and rope swing to exit the pool.
- ☺ Only one person may use the slide at a time.



## Rope Swing Rules

- ☺ Wait for the lifeguard to signal OK before swinging out.
- ☺ Drop when the rope is at its farthest out position.
- ☺ Enter the water feet first.
- ☺ The rope swing's weight limit is 300 lbs.
- ☺ Swim to the ladder at the left (when in the water) of the rope swing station to exit the pool.
- ☺ Only one person may use the rope swing at a time.



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